# Announcements

Sunday, July 17

Fellowship Meal SG 1
No Evening Service
QMCC

Sunday, July 24

Sonshine House Set-Up 2pm

Monday, July 25

Sonshine House 5pm

- July Calendar and Assignments are on the foyer table
  - "Power for Today" July-August-September are on the foyer table

### 2022 Monday - Friday New Testament Reading

Monday, July 18- Revelation 16 Tuesday, July 19 - Revelation 17 Wednesday, July 20 - Revelation 18 Thursday, July 21 - Revelation 19 Friday, July 22 - Revelation 20

The 2022 New Testament reading schedule is on the foyer table.

## Summer Evenings

Sundays - 5pm at the church building
Wednesdays - 6:30pm at the church building

## Foster's Home for Children Coin Cans

Change: they will pick up coin cans

#### September 1st.

Please get yours filled up and turn into the office by August 31st.

1st - 5th Grade Sunday Morning Bible Class

7/17 - Abram, Sarai, & Lot Genesis 12-13

#### **Worship Assignments Today**

Song Leader: Dan Webb

**Lord's Table**: Brad Yurcho, Nick Bell, Ronnie Davis, Billy Tyson, Jack Webb & Joe Williams

Elder of the Month: Brad Yurcho
Communion Message: Paul Landis
Opening Prayer: Oscar Talley
Closing Prayer: Randel Barnard

Scripture: Henry Lewis
Ushers: Chris Duncan & Scott Williams
Door Greeters: Tyler Garrison & Cindy Waggoner

Nursery: Tera Holland

Power Point & Sermon Recorder: Ashton Roderick

Laundry: Margaret Sims

Please meet in the fellowship hall at 10:20am if you have an assignment. If you are unable to serve please contact Oscar Talley or Tyler Garrison.





Dear church family,

Thank you so much for the outpouring of love, prayers, cards, plant, and delicious food. You made Charlene Cooper's memorial such a beautiful tribute.

We love you!

In Him,

Lynn and Viki Salmon 17 - Fellowship Meal SG 1

No Evening Service

Cindy Waggoner

17-22 QMCC

18 - Jimmy McKinney

20 - Nick Bell

Scott & Kerri Williams

24 - Sonshine House Set-Up 2pm

Jimmy & DeeDee McKinney

25 - Sonshine House 5pm

27 - Elders & Deacons Meeting

## PRAYER REQUESTS

Conkling Family, Tommy Allen, Naomi Johnston, Kelly Beeler, Susie Barnes, Kirby Whitley, Nixon Family, Dana Plemons, Matthew Cameron, Lynn Salmon, Val Walkup, Jennie Ensey, Ashley Kittle & Jess Spivey

Shut-Ins: Katie Butler & Dorothy Sanders

## **Count Your Blessings**

One of my all-time favorite hymns is "Count Your Blessings." The song urges us to look at the good that we have in our life instead of the bad, especially in times of difficulty. More than one psychologist has noted that those who maintain such an attitude have an appreciably better quality of life even when experiencing personal grief as the result of the death of a loved one. This does not mean that those who so live, put their head in the sand and ignore their "problems"; rather, it means that those "problems" are not assigned the undue place of personal identity formation. In other words, "I may have problems, but my problems don't define me."

What does define such an individual is the constant recognition of God's blessing in his life. It is a choice to focus on the positive and not allow the negative to overwhelm the soul. God made our bodies to respond to such focus too. When we think about good things, a completely different set of physiological responses occurs in the body. We just interpret this as "feeling better," but it is much deeper than that. It is the supersession of the spirit over the flesh (Galatians 5:22-26). It is God working in us (Philippians 2:13). And with that we receive wonderful peace that defies explanation (Philippians 4:7).

There is much we can do to help ourselves live well. Jesus said, "The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly" (John 10:10). Thieves come in many shapes and sizes, and the worst one is the one that we let in the front door. Let's resolve to trust in God and not in self.

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